

PRODUCTS I RECOMMEND FOR YOUR CLEAR ALIGNER JOURNEY

Swipe through to discover the best products



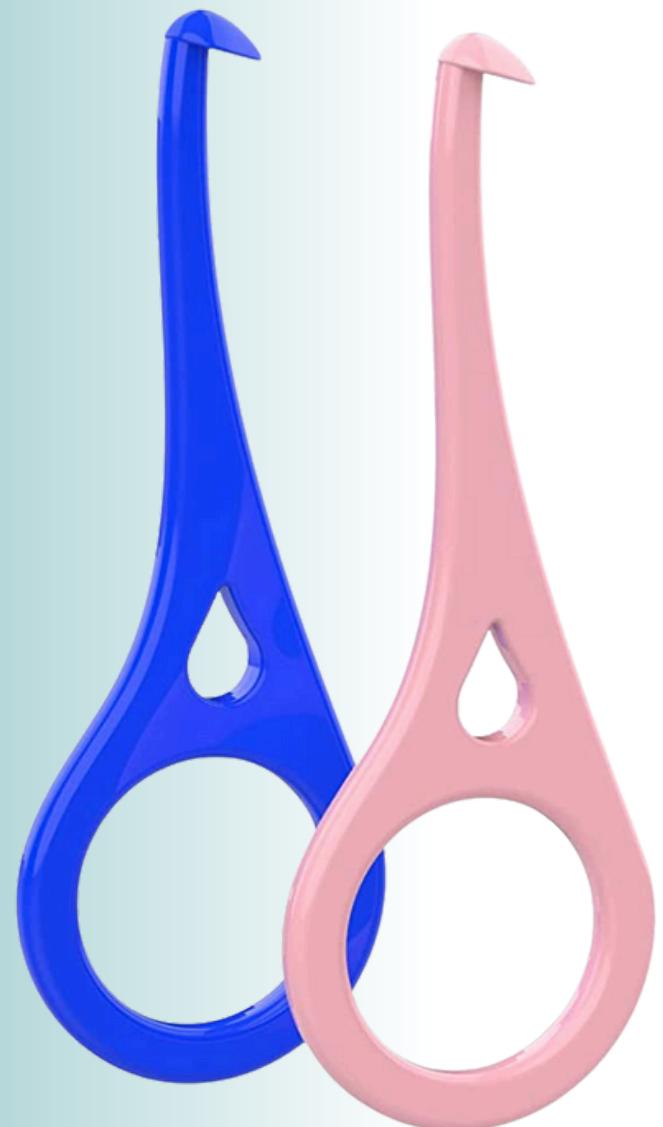


ALIGNER PULL TOOL (ONLY USE AS NECESSARY)

This handy tool helps you remove your aligners without bending or damaging them. Use it sparingly and only when necessary to keep your aligners in great shape.

FAQ: Why shouldn't I use my nails to remove aligners?

Using your nails can bend or crack your aligners, reducing their effectiveness. A pull tool is designed to safely and easily remove them without damage.





COUNTERTOP ULTRASONIC ALIGNER CLEANER

Maintain a sparkling clean aligner with this device. It uses ultrasonic waves to remove debris, ensuring hygiene and comfort with minimal effort.

Ultrasonic cleaners use sound waves at frequencies humans can't hear to create tiny bubbles that lift away dirt and bacteria—pretty cool, right?





RETAINER BRITE TABLETS

Dissolve a tablet in water and let your aligners soak. These tablets help eliminate stains and bacteria, leaving your aligners crystal clear and odour-free.

FAQ: Can I use toothpaste instead of Retainer Brite?

No, toothpaste is too abrasive and can scratch your aligners, causing them to become cloudy. Stick to gentle solutions like Retainer Brite.





CHEWIES: PERFECT FIT, EVERY TIME

Chewies help ensure your aligners sit snugly on your teeth. Simply bite down on them for a few minutes after inserting your aligners for optimal fit and comfort

Chewies are made from medical-grade silicone, making them safe and durable for daily use.





ADDITIONAL ALIGNER CASES

Protect your aligners wherever you are. Keep a spare case in your bag, car, or at work to ensure they're safe when not in use.

FAQ: What happens if I lose my aligners because I didn't use a case?

Lost aligners can delay your treatment plan. Always store them in a case to avoid misplacing or damaging them!





ALIGNER CLEANING BRUSH

A soft-bristled brush designed to gently clean your aligners. Use it daily with warm water (never hot!) to keep your aligners looking and feeling fresh.

FAQ: Can't I just use my toothbrush to clean my aligners?

We recommend getting a dedicated brush to clean your aligners. Using your toothbrush can get abrasive toothpaste impregnated into the aligner making them cloudy and less clear.





TYLENOL (NOT ADVIL!)

If you experience any discomfort while adjusting to your aligners, Tylenol is your go-to option. Avoid Advil as it can interfere with the tooth movement process.

FAQ: Why Tylenol and not Advil?

Advil (ibuprofen) can reduce the cellular activity needed for teeth to move, slowing down your treatment. Tylenol (acetaminophen) is a safer choice.



START YOUR ALIGNER JOURNEY WITH CONFIDENCE, KNOWING YOU'RE EQUIPPED FOR SUCCESS!

These products are simple to find at your local drugstore or on Amazon

On average, aligner treatments take 8-18 months, depending on your needs. Staying consistent with wear and care is key to success!